

TEXT ONLY WITH DETAILS

SERVICES HELP TEENS IN MENTAL HEALTH TREATMENT

Good news for teens in mental health treatment.

Teens (ages 12-17) describe improvements in their lives after three months of mental health treatment. In NC-TOPPS* interviews from 2006, the number of teens reporting problems in key areas decreased.

Teens report:

- Problems in school decreased from 45% to 35%
- Suicidal thoughts decreased from 21% to 11%
- Legal troubles decreased from 25% to 13%
- * NC-TOPPS is a Division web-based system for gathering outcomes and performance data for North Carolina's public system of services. Currently, information is collected from mental health and substance abuse consumers ages six and up who receive services.